

## **Yale College Course Selection handout**

How to use this handout: Take a few minutes to quickly and informally write down answers to the questions on this worksheet. Don't take too much time--these are questions just to get you thinking about what interests you so that you have some starting points for your course selection process. Then review the answers to make a plan for researching your options via Yale Course Search and the resources listed on the next page.

### **Step 1: Explore your interests**

*What topics or subjects make you excited to learn more? If you had the time to read a book or watch a documentary, what would it be about?*

*What activities outside of the classroom spark your interests or make you happy?*

*What languages and cultures are you interested in studying? What countries are you interested in possibly traveling to?*

*What is something you've always wondered about, but haven't yet had the chance to study formally?*

*Do you have any potential professional goals for your future? What courses of study might be helpful in working towards those goals?*

*What subjects are you considering as potential majors and why?*

**Step 2: Plan your search**

Review your answers to the above questions, and then write down some key words and topics to explore

*Possible majors to explore via the Introduction to Majors in Yale College, Yale College Programs of Study, and Yale Course Search:*

*Possible key words to use in Yale Course Search:*

*Interests that intersect with distributional requirements (languages/QR/writing; subject areas)*

*New interests to explore (including first-year seminars):*

### **Online Course Selection Resources:**

With the freedom of choosing your own courses comes the responsibility of educating yourself about your options. There are several key sources of information that can help guide you. You may want to set aside some time to familiarize yourself with them before beginning your course search.

Yale Course Search:

<https://courses.yale.edu>

Yale College First-Year Course Selection Page:

<https://yalecollege.yale.edu/registration-course-selection/first-year-course-selection>

Yale College Programs of Study:

<http://catalog.yale.edu/ycps/>

Advising Resources Website, especially “Courses and Majors”

<https://advising.yalecollege.yale.edu/>; <https://advising.yalecollege.yale.edu/courses-and-majors-0>

An Introduction to Majors in Yale College:

<https://yalecollege.yale.edu/registration-course-selection/first-year-course-selection/introduction-majors-yale-college>

Major Roadmaps:

<https://registrar.yale.edu/students/major-roadmaps>

Distributional requirements:

Overview: <http://catalog.yale.edu/ycps/yale-college/distributional-requirements/>

More detailed description and progressive deadlines for completion:

<http://catalog.yale.edu/ycps/academic-regulations/requirements-for-ba-bs-degree/index.html#distributionalrequirements>

First-Year Seminars:

<https://yalecollege.yale.edu/academics/special-academic-programs/first-year-seminars>

Applications for first-year seminars and limited enrollment courses:

<https://registrar.yale.edu/students/preference-selection-and-preregistration-applications#Other>

Science and Quantitative Reasoning website (w/Dean Chang’s STEM @ Yale guide):

<https://science.yalecollege.yale.edu>

Health Professions advising website:

<https://advising.yalecollege.yale.edu/preparing-health-care-professions>

Academic Strategies also provides academic resources for students transitioning into college, including our new workshop series, “Essentials for First-Years.” Check out our resources at our website:

<https://poorvucenter.yale.edu/academic-strategies-program>